



COVID-19 Update for Aerials

We are so happy to announce a reopening of instructional classes at Aerials Fit'n'Fun Gymnastics Center on MONDAY August, 31, 2020. We will be doing so gradually and responsibly with some new guidelines that we have been following all summer!

Our summer camps began on June 1st with limited capacities and we have been practicing and implementing all the safety protocols required by the various governing agencies with great success since then. The kids and staff have done a great job!



*Using your smart phone,
please point your camera
towards the QR code and
complete the updated
COVID-19 waiver.
The signed waiver is
required to participate.*

**Registration is NOW OPEN
for a limited number of instructional classes!**

Please email our managers Nicole at nicole@aerialsgymnastics.com for any questions!

Thank you for your patience and we look forward
to welcoming you back when you are ready!

Mr. Rick and the superfine, and very healthy, Aerials Crew

Based on the information currently available to us about COVID-19, we plan to operate instructional programming for classes, camp and Educare with a number of modifications to keep our athletes and staff safe. An overview of what Aerials will do is available under Health and Safety.

We appreciate your understanding as we navigate this truly unprecedented time together. We continue to focus on the meaningful and enriching community experience created at Aerials, and we know you are counting on us to provide that for your athlete and family.

Among the visible safety protocols:

- ✓ The lobby is temporarily closed for viewing.
- ✓ We will disinfect the mats between classes.
- ✓ Children's temperature is taken before entry.
- ✓ Children will be escorted into /out of the building from the back entrance.
- ✓ Hand spotting will be only used when masked.

**Let's go to
Aerials tonight!**



**Aerials
Fit'n'Fun Gymnastics**
238 Schuylkill Road
Phoenixville PA 19460

*Located between Tuesday
Mornings and Staples in the
Shoppes at Valley Forge.*

Info@aerialsgymnastics.com
www.aerialsgymnastics.com
610.983.9044

aerialsgymnastics.com

Class Schedule begins August 31

Monthly Tuition per child (what a value!) :**

For SuperParents, 12 to 36 months

30 minutes per week* Only \$10 per visit

Tuesdays and Saturdays Only during COVID.

GymKids, 3 years to Kindergarten

45 minutes per week* \$ 79 \$ 64 \$ 60 **FREE**

For School Age children, 1st grade and up

45 minutes per week \$ 89 \$ 72 \$ 67 **FREE**

1.15 hours per week \$ 134 \$ 107 \$ 101 **FREE**

****DURING COVID ONLY:** SuperParents and 3 years is typically 45 min. and GymKids and up, typically 55 min and 85 minutes. This is temporary and allows time to wipe down equipment and dismiss your kids.

Simply no better place for school age children to learn gymnastics. Aerials is 15,000 square feet of the finest equipped facility in the area, no other comes close.

*****2 month minimum payment for enrollment due at sign up.***

Session Enrollment Specials

- ✓ Same child, second class, **Pay 1/2 price.**
- ✓ Family discounts for multiple children. **4th child FREE**

NEW PROGRAM for E-Learning Support

FULL AND HALF DAY E-LEARNING SUPPORT

Students will select from their school district's e-learning platform, PASD, SFSD, OJRSD and others. The E-Learning Center is a school district lead, self-guided virtual education option during COVID-19 for students who are intrinsically motivated and ready to learn! Parents manage their child's curricular selection and Aerials staff are the **support system and oversight** during the day to get things done!

Contact Miss Julie : Julie@aerialsgymnastics.com

Aerials
Educare

E-learning support for active, responsible Kids.



Our Class Offerings



SuperParents 18 to 36 months

Our 30 minute SuperParent" child & parent class introduces 18 - 36 month-olds to the Aerials environment. Children use mats, balls, parachutes, trampolines and more to discover the world around them, developing fundamental movement and problem solving skills along the way. Tuesday 9:30 / Saturday 9:00



GymKids

pre school 3 - 5 years old

Aerials 3 - 5 year-old program is a 45 minute class for boys and girls. We combine fundamental gymnastics skills and FUN to enable students to develop confidence and self-esteem. The GymKids program provides a balanced lesson plan of gross motor skills, fitness, coordination, flexibility, strength and muscle development while learning the foundations of multiple sports at a young age.



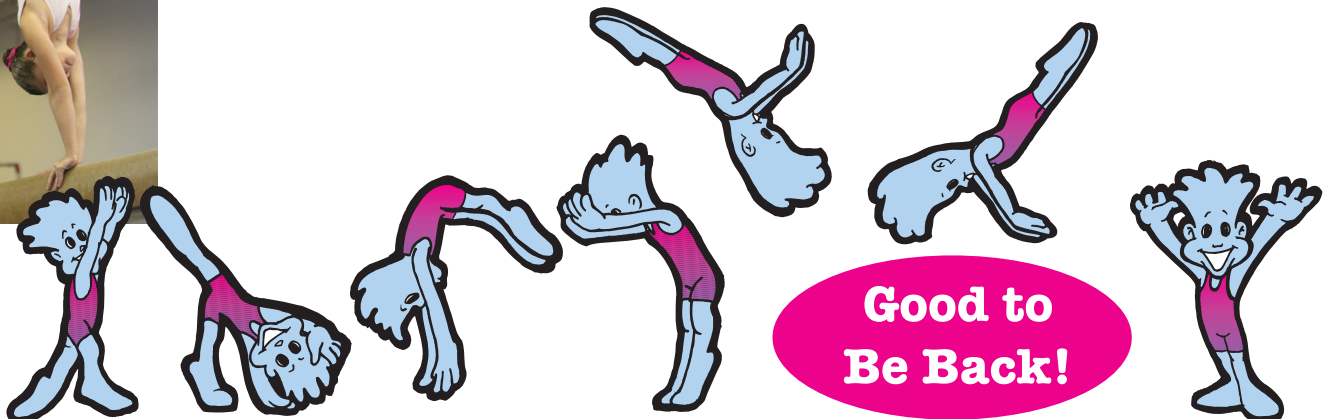
School Age 1&2

6 + years old

Class begins with a vigorous warm up and stretch time and includes forward and backward rolls, basic jumps and locomotor skills for tumbling. On trampoline, correct bouncing and stopping, seat drops, front drops, back drops, jumps in different positions, half and full turns are taught. On apparatus, students will learn beginning support and suspension positions, the different hand grips that are used, and some beginning mounts and dismounts as well as correct landing technique.



Children with advanced skills work on all Olympic events and trampoline for a well-rounded gymnastics experience. Skills include beginning swing movements, casts and glides, control and strength in handstands, cartwheels, roundoffs, development of flexibility needed for tumbling, and beginning of front and back handsprings.





Ninja & Lil'Ninja

6 + years old for Ninja and 3 - 5 for Lil'Ninja

Lil Ninja's and Ninja Zone, A program that is skill based, fast-paced and geared just for little boys and girls on energy overload! Our Ninja program will combine military style obstacle courses to develop strength and speed, gymnastics tumbling, and 'Ninja' style moves just like you see in a video game or movie!



Tumble Time

6 months to 3 years

Come play & explore with us at Tumble Time for children 6 months - 3 years! At Tumble Time, you and your child (and your friends) will have full use of our baby gym & equipment in a non-structured, come and go as you like, setting.

What to expect at Tumble Time:

- * Developmentally appropriate activities available
- * A great opportunity for your child to explore
- * All children must be supervised by an adult



Private Lessons

Personal instruction is instrumental in developing skills and confidence.

Aerials is an ideal environment for enhancing physical coordination, agility, endurance, strength, balance and motor skills. Lessons can be 30 or 60 minutes, private or semi private. Great for Cheerleaders, Martial artists, Parkour, Fitness competitors, and competitive team level athletes. Offered for all ages.



Parties

Awesome for them. A piece of cake for you. Just bring along the birthday child, their friends (limited to 12 during COVID), and a cake, and we'll take care of the rest ... including the mess. Parties are available Saturdays outlined below. Inquire by email for special requirements. Great for Field Trips, Sports Teams & Scout Troops!

✓ **AVAILABLE:** September 12, 26 / October 10, 24 / November 7, 21

✓ We are following current COVID-19 facility restrictions, people in the building and safety protocols*.

✓ Maximum of 12 children per party, plus parents of the birthday child only allowed in the building during COVID. (this will change one day soon!) contact Haley@aerialsgymnastics.com to book your party!

*Wear masks in public / Keep our physical distance of six feet or more. / Wash our hands frequently for at least 20 seconds. / Clean and disinfect surfaces often./ Limit group gatherings and crowds. / more info at www.governor.pa.gov/covid-19/business-guidance/



Call 610.983.9044
info@aerialsgymnastics.com

We Missed You!



You can start anytime during a session.

IMPORTANT

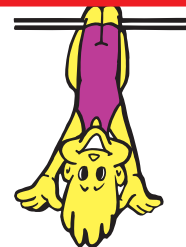
We are temporarily limited in enrollment, and our lobby is closed, but **VERY** happy to be open again!



I LOVE Aerials

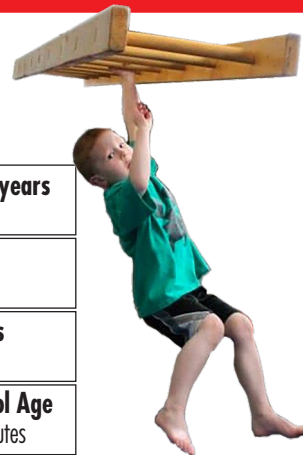
MONDAY

5:00	Girls School Age B&I* 45 minutes	Boys School Age boys, 45 minutes
6:00	GymKids 3 - 5 years 45 minutes	Ninja boys & girls, 45 minutes
7:00	Advanced School Age 75 minutes	Tumbling & Trampoline 45 minutes



TUESDAY

9:30	SuperParents 30 minutes	
10:00	GymKids 3 - 5 years 45 minutes	
4:00	Girls School Age B&I* 45 minutes	GymKids 3 - 5 years 45 minutes
5:00	Girls School Age B&I* 45 minutes	Ninja 45 minutes
6:00	Lil'Ninja 45 minutes	SuperStars 45 minutes
7:00	Advanced School Age Girls / 75 minutes	Advanced School Age Boys / 75 minutes



WEDNESDAY

4:00	GymKids 3 - 5 years 45 minutes	Ninja 45 minutes	Girls School Age B&I* 45 minutes
5:00	GymKids 3 - 5 years 45 minutes	Girls School Age B&I* 45 minutes	
6:00	GymKids 3 - 5 years 45 minutes	Ninja 45 minutes	Girls School Age B&I* 45 minutes
7:00	Advanced School Age Girls / 75 minutes		

THURSDAY

10:00	GymKids 3 - 5 years 45 minutes		
5:00	GymKids 3 - 5 years 45 minutes	SuperStar 45 minutes	Girls School Age B&I* 45 minutes
6:00	GymKids 3 - 5 years 45 minutes	Ninja 45 minutes	Girls School Age B&I* 45 minutes
7:00	Advanced School Age Girls / 75 minutes	Tumbling & Trampoline 45 minutes	

FRIDAY

10:00	Tumble Time up to 2 hours
-------	------------------------------

SATURDAY

9:00	GymKids 3 - 5 years 45 minutes	SuperParents 30 minutes	Girls School Age B&I* 45 minutes
10:00	GymKids 3 - 5 years 45 minutes	Lil'Ninja 45 minutes	Girls School Age B&I* 45 minutes
11:00	Girls School Age B&I* 45 minutes		

*Girls School Age B&I = Beginner & Intermediate

SATURDAY PARTIES



12:30

2:30

4:30