

# Aerials Fit 'n' Fun Gymnastics

First Time? Schedule your Personal Instruction Preview (PIP) Call 610-983-9044 Today!



## Parent Participation Classes

Tumble Time, all ages to 3, 2 hours

Fri 10:00

only  
**\$16**



Come play & explore with us at Tumble Time for children 6 months - 3 years! At Tumble Time, you and your child will have full use of our baby gym & equipment in a non-structured, come and go as you like, setting. What to expect at Tumble Time:

- \* Developmentally appropriate activities available
- \* All children must be supervised by an adult
- \* A great opportunity for your child to explore



## Instructional Classes **School Age**

Girls School Age, Beginner & Intermediate, 55 minutes

Mon 4:00	Wed 4:00	Thur 6:00
Mon 5:00	Wed 5:00	Thur 7:00
Mon 6:00	Wed 6:00	Fri 7:00 <b>DROP IN</b>
Tue 4:00	Wed 7:00	Sat 9:00
Tue 5:00	Thur 4:00	Sat 11:00
Tue 7:00	Thur 5:00	

Girls School Age, **ADVANCED**, 85 minutes, by evaluation

Mon 5:00	Wed 5:00	Thur 7:00
Mon 7:00	Wed 7:00	Sat 11:00

Middle & High School, 55 minutes

Mon 7:00	Wed 7:00
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**BOYS** School Age, Beginner & Intermediate, 55 minutes

Mon 5:00	Wed 5:00
Wed 4:00	Fri 7:00 <b>DROP IN</b>

**BOYS, ADVANCED**, 85 minutes, by evaluation

Tue 7:00	Thur 5:00
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Ninja Zone, 55 minutes

Mon 6:00	Wed 4:00	Thur 4:00
Tue 5:00	Wed 6:00	Fri 5:00 <b>DROP IN</b>

Boys and Girls Tumbling & Trampoline  
9 years old and up, 55 or 85 minutes

Thur 7:00
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Aerials "After School" Pick Up Program

We pick up from their school, you pick up at Aerials at 6:00 pm.

**Monday - Friday:** MANAVON, Schuylkill & Renaissance

**Monday:** Phoenixville Area Early Learning Center



**Ninja Zone**

A program that is skill based, fast-paced and geared just for little boys and girls on energy overload! Our Ninja training program will combine military style obstacle courses to develop strength and speed, gymnastics tumbling, and 'Ninja' style moves just like what you would see in a video game or in the movies! See Miss Rikki for days and times.

SuperParents 12 months - 3 years old, 45 minutes

Mon 9:30	Wed 5:00	Thur 6:00
Tue 10:30	Thur 9:30	Sat 9:00
Tue 6:00		

To better serve our young families:

**ALL** Parent Participation classes have 2 options:

A: "Drop In" ANY DAY for SuperParents or Tumble Time, only \$16 per class.

B: "Unlimited Classes" Pay in full when you start. Come to any class, any time, as many times as you like! All Session Long!

## Instructional Classes, **Pre School**

GymKids 3 years old, 45 minutes

Mon 9:30	Tue 5:00	Thur 10:30
Mon 10:30	Tue 6:00	Thur 11:30
Mon 11:30	Wed 9:30	Thur 1:30
Mon 1:30	Wed 10:30	Thur 5:00
Mon 6:00	Wed 11:30	Thur 6:00
Tue 9:30	Wed 1:30	Fri 10:00 <b>DROP IN</b>
Tue 10:30	Wed 4:00	Fri 1:30 <b>DROP IN</b>
Tue 11:30	Wed 5:00	Fri 6:00 <b>DROP IN</b>
Tue 1:30	Wed 6:00	Saturday 9:00
Tue 4:00	Thur 9:30	Saturday 10:00

GymKids 4 - 5 years old, girls & boys Beginner, 55 minutes

Mon 9:30	Tue 4:00	Thur 10:30
Mon 10:30	Tue 5:00	Thur 11:30
Mon 11:30	Wed 9:30	Thur 1:30
Mon 1:30	Wed 10:30	Thur 5:00
Mon 4:00	Wed 11:30	Thur 6:00
Mon 6:00	Wed 1:30	Fri 10:00 <b>DROP IN</b>
Tue 9:30	Wed 4:00	Fri 1:30 <b>DROP IN</b>
Tue 10:30	Wed 5:00	Fri 6:00 <b>DROP IN</b>
Tue 11:30	Wed 6:00	Sat 9:00
Tue 1:30	Thur 9:30	Sat 10:00

Lil Ninja's, 4-5 years, 55 minutes

Mon 1:30	Tue 6:00	Thur 1:30
Tue 10:30	Wed 10:30	Sat 10:00

SuperStars, **ADVANCED**, 4-6 years, 55 minutes, by evaluation

Mon 9:30	Wed 7:00	Sat 11:00
Mon 7:00	Thur 5:00	
Tue 6:00	Thur 7:00	



## Circus SILKS

Athletes will learn about many skills including climb to the top, invert, clean hip key, straddle climbs, dive (salto), star drop, side descent, hip key, footlock double crochet from the mat, 360 1/2 roll on both sides, cross back straddle and more.

Wed 8:00



1

Pick an appropriate age and class time that suits your schedule, then register online or . . .

2

Visit or call Aerials to check for class availability and for current family registrations.

3

Payment by Check, Cash or CREDIT CARD reserves your class. This is the only way to hold your class.

You can **ENROLL ON LINE!** visit [aerialsgymnastics.com](http://aerialsgymnastics.com)

# January - May 2019 Session Dates and Fees



**The Aerials' Promise**

We're so sure that you will love being part of Aerials, that should you be unsatisfied, your membership fee and first month's tuition is fully refundable! Please note, you must request your refund within the first 15 days of signing up.

You can start anytime during a Session  
... we will prorate your fee.

**Fall Classes begin on January 2**

**Monthly Tuition per child: (what a value!)**

**For SuperParents, 12 to 36 months**

	1st	2nd	3rd	4th
45 minutes/week	\$ 64	\$ 52	\$ 48	<b>FREE</b>
	Save 19%	19%	25%	100%

**UNLIMITED CLASSES, come to as many classes as you like.**

**GymKids, 3 years**

	1st	2nd	3rd	4th
45 minutes/week	\$ 79	\$ 64	\$ 60	<b>FREE</b>
	Save 19%	19%	24%	100%

**GymKids, 4 years to Kindergarten**

	1st	2nd	3rd	4th
45 minutes/week	\$ 89	\$ 72	\$ 67	<b>FREE</b>
	Save 19%	19%	25%	100%

**For School Age children, 1st grade and up**

	1st	2nd	3rd	4th
55 minutes/week	\$ 89	\$ 72	\$ 67	<b>FREE</b>
	Save 19%	19%	25%	100%

	1st	2nd	3rd	4th
1.5 hours/week	\$ 134	\$ 107	\$ 101	<b>FREE</b>
	Save 20%	20%	25%	100%

Simply no better place for school age children to learn gymnastics. Aerials is 15,000 square feet of the finest equipped facility in the area. No other comes close.

**\*\*2 month minimum payment for enrollment due at sign up.**

## Enrollment Specials

- ✓ Same child, second class, Pay 1/2 price.
- ✓ Family discounts for multiple children. 4th child FREE
- ✓ **UNLIMITED SuperParents Class.**

## Additional Aerials' Programs

### Aerials After Care

A fantastic and convenient program where we pick up children at their elementary school everyday after school and shuttle them to Aerials for Fit'n'Fun activities. Aerials combines our unique gymnastics based programming and fitness training for children whose parents



can't bring them in the evenings due to time constraints. Parents know the difference our classes make for children preparing to participate in other sports and don't want to miss out. Parents can collect their children before 6:00 pm.

**Homework time, Gymnastics instruction, Snack, Fun physical game play, Art instruction, Break time.**  
*No TV, No Video Games, No Couch Potatoes!*

**Everyday After Care Pickup** available for:  
MANAVON, Schuylkill Elementary, Renaissance Academy

**Monday Only After School Pickup** available for:  
Phoenixville Area Early Learning Center

**Thursday Only After School Pickup** available for:  
East Vincent Elementary

### Birthday Parties

A great surprise for any child is a birthday party at Aerials. Your young guests will love the thrills of personal gymnastics instruction and the unique equipment that's only available at Aerials.



**NEW: Ask for the Ninja Zone Party, ages 6+**

Awesome for them. A piece of cake for you. Just bring along the birthday child, their friends, and a cake; and we'll take care of the rest ... including the mess. Great for Field Trips, Sports Teams & Scout Troops! Available Saturdays and Sundays.

**Call to schedule your party now!**



# I WANT YOU!

Sure, it's been a few years and a bunch of kids later, but you still have it.

Maybe you played sports as a kid. Maybe you were a teacher before the kids came along and had to stop working full time.

Maybe you remember the teacher that said just the right thing, just the right way, and it clicked for you. Maybe you're the one who needs to join the Aerial's team.

## Former athletes teachers gymnasts dancers acrobats sports fans & parents.

Take it from a guy who was as low on the athletic ability pole as you could be. But I loved to teach kids and watch the excitement in their faces when they learned something new. You know, when they say, "I DID IT!"

Sports changed my life. It gave me opportunities I would never have had otherwise. "World travel, Olympic competition, meeting and sharing with every strata of life,

waking up every day loving what I do and being able to change young lives for the better along the way. Being a "Difference Maker."

That's you. Somewhere inside you think, "I can make a difference!"

I am looking for "Difference Makers." One day each week, a few hours each time. Learn what we do and how we do it.

"But I don't know anything about this stuff" you're thinking. Welcome, you're in good company. You may have all the ingredients and background to be a fantastic teacher and just don't realize. You love movement, kids, and physical activity, your nearly there. We have a great mentorship program, I was mentored myself and took it all the way to the Olympics!



Think about it. Get involved. Email me today. Be a "Difference Maker." We look forward to hearing from you.

Rick Palumbo,  
Aerials Fit'n'Fun Gymnastics  
info@aerialsgymnastics.com

## Aerials Day Camps

**2019:** Offered on: Jan 21, Feb 18, March 18, 19, 20, 21, 22 April 17, 18, 19, 22, 23, 24, 25, & 26

In-service days and holidays for PASD, SFSD and OJRSJ are coming and with so many days off from school, what's a kid to do? We've got just the thing, Aerials Day Camps!

Aerials Camps are for all boys and girls from K - 7th grade and features - Gymnastics on all Olympic events, trampoline, tumbling, sports skills, **NEW American Warrior Training, Ninja Zone**, FUN inflatables and games, and arts & crafts. Before and after care for working parents.



**Time:** 9 am - 1 pm stay until 4 pm  
**Ages:** 3\*(\*potty trained) - 7th grade

**Lunches:** Because each child has unique dietary requirements, we ask that parents send along a sack lunch with your child.

**Snacks:** A mid-afternoon snack is also provided. (Children with severe [life threatening] food allergies are required to bring their own snacks.)

### Tuition:

Members:		
<b>Full day</b>	\$55, \$40 siblings	<b>Half day</b> \$35, \$20 siblings
Guests:		
<b>Full day</b>	\$60, \$50 siblings	<b>Half day</b> \$40, \$30 siblings

AM care: 8:00 - 9:00 am \$10, PM care: 4:00 - 5:30 pm \$10

Aerials family discount always applies for all immediate family members attending camp on the same days and your 4<sup>th</sup> child is ALWAYS FREE. Questions? email Julie@aerialsgymnastics.com

## Parent's Date Nite

Mark your calendars EVERY Saturday! Take advantage of this opportunity to go out and enjoy YOURSELF. Drop off your POTTY TRAINED children ages 3 & up, from 6 PM - 10 PM. Members: only \$25 for the first child; \$15 for each sibling. Non Members: \$30 each / \$20 for siblings.



Includes pizza, inflatables and FUN. Offered Saturdays during the school year, excluding holidays. Plan now and bring your friends. Limited enrollment, call today to reserve your spot.

**You can ENROLL ON LINE! visit [aerialsgymnastics.com](http://aerialsgymnastics.com)**

## Home School and Homeschool Co-Op



The Aerials Homeschool program provides a well rounded fitness

experience. Focus of this class is on basic gymnastics skills plus fitness such as jump rope, running, sit-ups, pushups, and other conditioning. Specifically designed for boys and girls that are home-schooled and carefully constructed to address



each child's needs and skill level in an environment that promotes physical fitness, self-discipline and self-confidence. We can create a class for any age or group of children that will satisfy your PE requirements.

Monday 1:30 **DROP IN**  
Wednesday 1:30 **DROP IN**



The Homeschool Co-op. This new program includes 1 hour of curriculum, 1 hour of instructed art class, and 1 hour of gymnastics.

Friday 9 am - 12 pm,  
\$27 per class or \$99 per session

Session 1: *January 25th - February 15th*  
Session 2: *March 8th - March 29th*  
Session 3: *April 19th - May 10th*



## Private Instruction



The staff at Aerials have both the knowledge and experience to offer a wide variety of instruction that are of benefit to athletes and coaches. We are fully prepared to customize each session to meet the specific needs of each

athlete. The Aerials Gymnastics Center is an ideal environment for enhancing physical coordination, agility, endurance, strength, balance and motor skills.

Personal instruction is instrumental in developing skill levels and confidence. Lessons can be 30 or 60 minutes, private or semi private. Offered for all ages and skill levels from beginner to Elite athletes.

**Gymnasts** Areas of interest for athletes ages 5 to Adult:

- ✓ Beam; tumbling or dance
- ✓ Bars skills: A to Super E
- ✓ Tumbling: front, back, twisting and multiple flips
- ✓ Powerhouse vaulting
- ✓ Strengthening exercises
- ✓ flexibility
- ✓ Preparing for a competition

## Cheerleaders, Fitness Competitors, Free Runners

The Aerials Cheer-Nastics program is open to all children ages 6 to High School and all abilities; aspiring cheerleaders to seasoned athletes. Areas of concentration include;

- ✓ Tumble track
- ✓ Trampoline
- ✓ Warm-ups & stretch
- ✓ Tumbling
- ✓ Twisting
- ✓ Stunting

# I Wanna Flip!



Let us teach your child the proper way to do a back and front flip on the trampoline. 30 minute personal instruction available for school age boys and girls and all adults. Schedule with Mr. Rob. [rob@aerialsgymnastics.com](mailto:rob@aerialsgymnastics.com)

# "Drop-In" Class Only at AERIALS

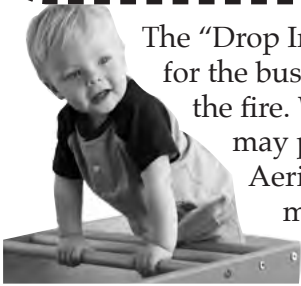
To better serve our young families:

**ALL** Parent Participation classes have 2 options:

1: "Drop In" ANY DAY for SuperParents or Tumble Time, only \$16 per class.

2: "Unlimited Classes" Pay in full when you start: Come to any class, any time, as many times as you like! All Year Long!

only  
**\$16**  
Drop In



The "Drop In" Class is the perfect solution for the busy family that has a lot of irons in the fire. Work and family commitments may prevent a child's participation at Aerials because they would miss so many classes. Not anymore.

At Aerials, ALL Parent Participation classes are offered as either "Drop In" classes, where you simply pay as you go, or as UNLIMITED attendance with Monthly auto enrollment.

Parents agree, this is a great way to enjoy gymnastics with no pressure. Perfect!



- ✓ Fits a parent's active lifestyle.
- ✓ Bring friends and family.
- ✓ Come as often as you like.
- ✓ Build skills every week.

## NEW Tumble Time

Come play & explore with

us at Tumble Time for children 6 months - 3 years! At Tumble Time, you and your child (and your friends) will have full use of our baby gym & equipment in a non-structured, come and go as you like, setting.

What to expect at Tumble Time:

\* Developmentally appropriate activities available

\* A great opportunity for your child to explore

\* All children must be supervised by an adult

only  
**\$16**

Simply call or email the week of class (or before) and sign up. Class fills up quickly, so plan ahead. Bring your friends. Payment reserves your spot.

## "Drop In" Students

For all everyday Parent Participation class and all Friday Classes

Simply call or email the week of class and sign up. Class fills up quickly, so plan ahead. Bring your friends. Payment reserves your spot.

If your children want to improve their skills but cannot come every week, then this is the perfect class for them. A great way for your children to learn skills, keep active and stay fit. Class size is limited.

**NEW** SuperParents & Tumble Time: \$16 per Class (members and guests)  
45 or 55 minutes: \$24 per class members\* / \$25 per class non-members  
85 minutes: \$36 per class members\* / \$40 per class non-members  
**\*NEW** Is this your second class of the week? pay only \$10

Family and friends (visiting children who are not current members) are welcome to join in to "Drop In" class.

Pack them in the minivan and come on over.

The children are divided by age and ability.

Visitors and guardians need to complete a simple registration form before they can participate.



**"My new baby is so unpredictable, so planning anything for 3 or 4 weeks in a row is an impossibility. "Drop In" Class is perfect."**

*"Soccer, tee ball, swimming, . . . can't fit it all in. But my kids LOVE Aerials. So now we 'Drop in' a couple times a month, and we are set!"*

**"We like to travel often in the summer but don't like to miss gymnastics. Thanks for the 'Drop in'."**

*"Every Friday is my kid's play group, and when it's my turn to lead, we head to Aerials 'Drop In'. I'm the hero!"*

call 610.983.9044  
email: [info@aerialsgymnastics.com](mailto:info@aerialsgymnastics.com)



**Lil' Ninja's, 55 minutes, 4-5 years**

Mon 1:30  
Tue 10:30

Tue 6:00  
Wed 10:30

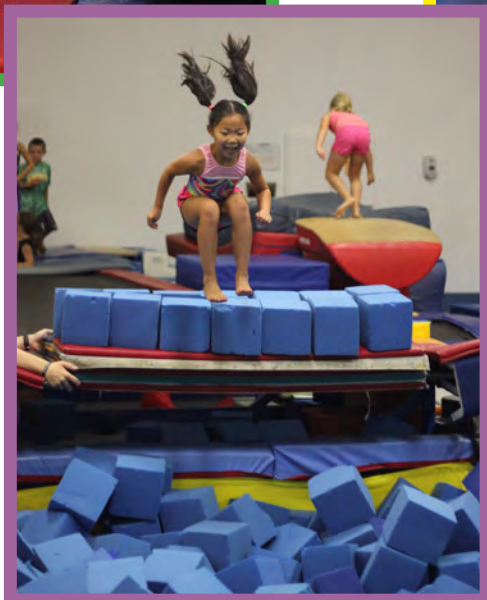
Thur 1:30  
Sat 10:00

**Ninja Zone, 55 minutes, 6 and up**

Mon 6:00  
Tue 5:00

Wed 4:00  
Thur 6:00

Fri 5:00 **DROP IN**



# Tuition Prices and Policies 2019

## The Aerials' Promise:

We're so sure that you will love being part of Aerials, that should you be unsatisfied, your membership fee and first month's tuition is fully refundable! Please note, you must request your refund within the first 15 days of signing up.

**TUITION:** Tuition is a minimum of two months. The first month may be prorated depending on your enrollment date, plus the full second month. i.e., A customer enrolling January 17th would pay the tuition through the end of January, and all of February. The next tuition payment would be February 1st for March gymnastics.

**ENROLL:** Online, in person, or by phone - we'll walk you through the procedures. We are a year-round school with no long-term commitments. You may enroll or un-enroll anytime. Tuition is prorated based on your enroll date.

**HOLIDAY CLOSINGS** Aerials will close on: Easter, Memorial Day, July 4th, Labor Day, Halloween (after 3pm), Thanksgiving, Holiday /Winter Break - Christmas to New Year's.

**MONTHLY TUITION:** Tuition is paid monthly via direct debit from Mastercard, Visa, Discover or debit card on the 1st day of the (preceding) month. Declined payments (expired card, etc.) must be remedied on or before the 7th day of the month or you risk losing your class spot to a waiting student. Tuition is budgeted on a 48-week year which allows for a holiday break in December as well as a summer break. We do not charge more for 'long' months nor less for 'short' months. Over the year, all 12 months average four weeks.

**WE DO NOT INVOICE:** Monthly tuition reminders will NOT be sent. We will notify you by email if your tuition is unable to process or is not received.

### MONTHLY FEES: Tuition per child

#### For SuperParents, 12 to 36 months

	1st	2nd	3rd	4th
45 minutes/week	\$ 64	\$ 52	\$ 48	FREE
		save 19%	save 25%	save 100%

**UNLIMITED CLASSES, come to as many classes as you like.**

#### GymKids, 3 years

45 minutes/week	\$ 79	\$ 64	\$ 60	FREE
		save 19%	save 24%	save 100%

#### GymKids, 4 to Kindergarten

55 minutes/week	\$ 89	\$ 72	\$ 67	FREE
		save 19%	save 25%	save 100%

#### For School Age children, 1st grade and up.

55 minutes/week	\$ 89	\$ 72	\$ 67	FREE
1.5 hours/week	\$ 134	\$ 107	\$ 101	FREE
		save 20%	save 25%	save 100%

## Parents please read . . . .

- \*) Your child can begin the Aerials' program at anytime during the session, depending entirely on space availability, which is at a premium between September and May.
- \*) A 8 - 12 minute warm up begins each class. It helps the students to develop flexibility and strength while preparing for skill building. Please be on time.
- \*) A gymnastics leotard is the preferred attire for girls, shorts and a T-Shirt for boys. These items are available at the "Tumblewear" shop. For safety, leotards with attached skirts are not permitted. Children should remove all jewelry and tie shoulder length hair back.
- \*) Snow days will be made up on Fridays unless otherwise posted. We are unable to replace the class on another day or time.
- \*) There are no make up classes. We will assist in an emergency as space allows and during their current month. No carry over to future months.

*There is simply no better place for children to learn gymnastics. Aerials is 15,000 square feet of the finest equipped facility in the area, no other comes close.*

- ✓ Same child, second class, Pay 1/2 price.
- ✓ Family discounts for multiple children. 4th child FREE
- ✓ UNLIMITED SuperParents Class

**REGISTRATION:** A \$55 annual family registration fee is due every August. This fee is prorated, upon initial enrollment. This fee covers insurance, software, web fees and admin costs. Annual membership fee is \$55 per family. The membership fee provides a discount for other services available i.e., Date Night, Parties and private lessons. This fee is not included in the class fee. Below is the proration chart for a whole family.

### MEMBERSHIP FEE PRORATED CHART

January	\$32	May	\$14	September	\$50
February	\$28	June	\$9	October	\$46
March	\$23	July	\$5	November	\$41
April	\$18	<b>August</b>	<b>\$55</b>	December	\$37

**FAMILY DISCOUNT:** When more than one immediate family member is enrolled at the same time, ONLY the most expensive tuition in your family pays full fare; ALL lesser tuitions are discounted! And always at Aerials, your 4th child enrolled is FREE.

**MANUAL PAYMENT OPTION:** To opt out of direct debit, simply pay your tuition using any alternative method of payment at least 7 days in advance of the 1st, and your card on file will not be charged.

**CHANGING CLASS, DAY, TIME:** Changing class, day, time, or program is permitted at any time during your enrollment as long as there is room in the desired class. Tuition increases could apply. No refunds or credits will be given when transferring an enrollment. Your tuition will simply be transferred to the new class or program.

**UN-ENROLLING:** A "30-Day Written Drop Notice" is required to drop from class. The notice must be received before the 1st of the month PRIOR to the month dropping. Notices received after the 1st week of classes will not be processed until the 1st week of the following month and will take effect the following month. i.e., a client expecting to drop in July must give a 30 day drop notice before the first day in June to avoid July tuition. "Drop Notice" forms can be printed from the Aerials website. No refunds or credits will be issued for missed classes.

**MEDICAL REASONS:** For medical conditions validated by a medical doctor's written statement, a prorated credit will be issued based upon the date the statement was received (requests after-the-fact eliminate Aerials' opportunity to fill a vacated class spot.) Refunds will be processed within 14 days.

- \*) Credit cannot be given for vacations, sporting events, missed class, etc.
- \*) ALL PAYMENTS ARE NON-REFUNDABLE.
- \*) Parents are not allowed in the gym unless accompanied by a staff member.
- \*) NO STREET SHOES are permitted in the gym. They carry dirt and possibly small pieces of rock or glass and can leave residue that can be harmful to the children.
- \*) Parents who wait with children in the lobby must maintain control and supervision of their child. No running, ball playing, climbing, etc . . . is to be permitted. Try good books and homework!
- \*) No soccer cleats or shoes with wheels are permitted in the lobby, hallway or gym. Please leave them in the car.